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Developed in 2002, this document addressed many of the same issues in the CSA document

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CSA Release Guidelines for Spectator Protection

In March of this year, the CSA released its "Guideline for Spectator Protection in Indoor Arenas". The document was developed through consultation with members of the Canadian Recreation Facility Council, of which RFANS is a member. Intended for new construction, the document contains some very useful information that arena managers should make themselves aware. Game announcements, signage and site assessment are all part of the Guidelines and are important and practical pieces of information of which every arena manager should be aware.

In 2002, RFANS adopted a document to help arenas evaluate their boards and glass system. Many other provinces have done the same. In the CSA Guideline, it specifically addresses netting as a key component to spectator protection. Owners and managers should read both RFANS and CSA documents and evaluate their own facilities.

For more information on the CSA Guidelines and how to evaluate your premises, please contact the RFANS Office.

2005 Midseason Ice Maintenance Workshops



RFANS is proud to present the 13th Annual Midseason Ice Maintenance Seminars. These one day seminar are designed specifically for those in the arena industry and have become an integral part of training of arena personnel throughout the Maritimes.

RFANS is extremely pleased to be providing a seminar in Fredericton, New Brunswick at the

UNB Aitken Centre, in cooperation and partnership with the Recreation and Parks Association of New Brunswick.

The seminars will be held on Wednesday, January 19th at the **Don Henderson Memorial Sportsplex, 55 Carter Road, Brookfield, NS** and Thursday, January 20th at the UNB **Aitken Centre, Fredericton, NB**. Registration begins at 8:30am; the seminar will begin promptly at 9:00am and finish at approximately 4:00pm.

The registration fee for participants is \$74.95 plus HST. The fee includes: workshop materials, breaks and lunch. RFANS accepts VISA and Master Card.

Physical Activity Grants

News Release

Grant Information

Ice Dreams

Ice Dreams Website

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Province Announces Physical Activity Grants



Nova Scotians will have more resources to increase physical activity levels in their communities, thanks to \$500,000 in physical activity grants from the Office of Health Promotion.

"By 2010 we want to see a 10 percentage point increase in the number of Nova Scotians who are active enough to receive health benefits," said Health Promotion Minister Rodney MacDonald. "This grant program is another way we are helping communities increase participation in sport and physical recreation."

Grants up to \$10,000 are available to organizations to create or expand on opportunities to help Nova Scotians be physically active.

Interested groups are encouraged to contact the Office of Health Promotion's Sport and Recreation Division (1-866-231-3882 or 902-424-7512) to discuss their idea or program

Ice Dreams: taking the roof off winter



RFANS, in partnership with the Office of Health Promotion, Sport and Recreation Division will once again be promoting the development of outdoor rinks in Nova Scotia.

The growth in number of outdoor rinks and the interest from across the province has been tremendous. To help people and communities throughout Nova Scotia, RFANS has plans to offer a number of "How-To" workshops. RFANS also has plans to develop a resource on building a backyard rink and make it available on their website. Be sure to check out the RFANS website in early October for dates and times of the workshops.