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COVID-19 Reopening Plan

Membertou SPORT & WELLNESS CENTRE

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Membertou Sport and Wellness Centre

CANADA BEST MANAGED COMPANIES

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PREAMBLE

At the onset of the COVID-19 pandemic, the MSWC was instructed by the Office of the Chief Medical Officer of Health for the Province of Nova Scotia to close the facility on March 13th, 2020 to the public until further notice. These instructions have been adhered to and a Phased Re-Opening Plan has been created to document all protocols and guidelines for patrons and staff to adhere to. This document has been created by Paul Carroll General Manager of the MSWC with the assistance of Nick Frizzell- Nustadia. The plan will be constantly monitored by the General Manager in consultation with the Membertou First Nation executive team and other government officials.

COVID-19

"The novel coronavirus (SARS-CoV-2), also known as COVID-19 is highly transmissible via respiratory droplets. As of May 1, 2020, there are 30,104 confirmed cases of SARS-CoV-2 in Canada, 1531 (5%) are in persons less than 19 years of age. Twenty-two persons (1%) have been admitted to hospital, and two (<1%) have been admitted to the ICU nationally, without any fatalities.1 Complimentary data from the United States shows that of 2,572 children with confirmed COVID-19, the mortality was 0.1%.

There is evidence that physical activity, in the form of organized sport, is beneficial for the physical health, cognitive function, and mental health." (West Vancouver Minor Hockey Association, "Restarting Minor Hockey during the Covid-19 Pandemic, May 7, 2020)

PHASE 1 – RE-OPENING

COVID-19 Operating Plan is as follows:

MSWC will allow a soft opening in Phase 1 which will allow for some activity to return to the facility. In partnership with the provincial guidelines and recommendations from the Office of the Chief Medical Officer of Health for the Province of Nova Scotia, we will adhere to the limit of persons allowed in the facility for each activity. Further phases will also follow these directions and will loosen the protocols of Phase 1 as permitted.

Phase 1 will adhere to the Order of the Office of the Chief Medical Officer of Health for the Province of Nova Scotia and limit the combined number of patrons, coaches, spectators, employees and service providers to 50 or less at one given time. Physical distancing measures of 6 feet / 2 metres will be enforced both on and off the ice.

The Emera Ice Pad will be operational with ice. The BMO Ice Pad will be used as staging areas for participants.

Food and beverage services will be limited with Intermissions Café offering limited products (i.e. Coffee, hot chocolate, water, snacks). Food & Beverage service will be evaluated on an ongoing basis and will only operate when it is deemed to be safe to do so for both staff and guests.

No food & beverage is to be brought into the facility.

Spectators for the Emera Pad will view from the seating areas located behind the player's bench side only, mindful of proper physical distancing of 6 feet / 2 metres. The lobby area will be restricted to flow through traffic only and spectators waiting for their players to finish are not permitted to wait in the lobby. The front entrance will be clearly marked as to which door is enter and which door is an exit, restricting any cross traffic pattern where at all possible. Ice rinks start and finish times will be staggered to ensure minimum patron traffic, as well as longer gaps between sessions to allow time for disinfecting processes to be followed. On ice group sizes are to be determined to follow the recommendations of the Office of the Chief Medical Officer of Health for the Province of Nova Scotia.

ICE HOCKEY RECOMMENDATIONS

Ice slots will be used for shooting, passing, and skating drills. There will be no games or battle drills and physical distancing measures will be executed using cones and other forms of markings on the ice and glass. There should be no activities that allow for line ups where physical distancing is not possible; we understand this recommendation excludes most adult hockey play in Phase 1. Game play may be permitted in Phase 2 and onwards or if there is different direction from the Office of the Chief Medical Officer of Health for the Province of Nova Scotia.

RECREATIONAL SKATING RECOMMENDATIONS

There shall be **no public skating** permitting during phase 1 of reopening. These recommendations

may be adjusted by direction from the Office of the Chief Medical Officer of Health for the Province of Nova Scotia.

MSWC WILL CONTINUE TO EMPLOY THE FOLLOWING SANITATION PRACTICES

- Frequent cleaning and disinfecting of all commonly touched surfaces such as interior and exterior door handles, railings, and ice rink gate handles.
- Common areas (Lobby, stairs, mezzanine, counters, etc.) and washrooms (faucets, hand-dryers, counters, urinals and toilets) to be cleaned and sanitized on a regular basis throughout the day.
- Sanitizing staging areas and dressing rooms (if used) between each user group.
- Physical distancing of 6 feet / 2 metres between employees and between employees and the general public within the facility.
- Face masks and plexi-shields will be used where physical distancing cannot be guaranteed.
- Signage will be posted throughout the facility to emphasize to Guests & Staff the importance of frequent handwashing and proper hygiene practices.
- Floor markings, decals and signage (provided by the City of Moncton as indicated in the Indoor

- Signage ordering form) will be used where necessary to indicate physical distancing, directional foot traffic, no entry zones and other restrictions pertinent to reopening and Phase 1.
- Handwashing and sanitizing stations will be available in designated areas.

MSWC will journalize and document

a. Any employee symptoms of illness (temperatures if required)

b. Regular, daily, hourly and 'as needed' cleaning and disinfecting within the facility

c. Patrons entering the facility complete with venue, time and contact information through

a screening processes.

BOOKING PROCESS

As the MSWC is progressing with a soft reopening we will not be operating as many ice surfaces as a normal summer season. Therefore, the normal booking process will be different this summer. Due to operating 1 ice surface, we may not be able to meet your need for ice this summer. We will work with your group to find what is feasible with less ice times possible.

- Ice contracts will be provided once rental times are agreed to.
- User groups will have to provide proof of insurance (where applicable) prior to participating in any activity at the MSWC.
- User groups will sign the agreed to contract, and payment in full for your ice time will be
- required prior to starting. At this time we will only take payments by credit card, debit card or
- cheque, no cash payments permitted.
- User groups will be provided a copy of the MSWC COVID-19 Operational Plan and signed that they have read and agreed to the plan. It is the responsibility of the individual renting the ice times to disseminate the information to all of their users and that they clearly understand the protocols in place and what to expect before arriving at the facility.

ANY GROUPS USING THE FACILITY MUST SUBMIT AN OPERATIONAL ACTION PLAN PRIOR TO BOOKING

ANY ICE TIME AND BEING ALLOWED USE OF THE FACILITY. INDIVIDUAL ICE RENTAL USERS MUST ABIDE BY THE FACILITY OPERATIONAL PLAN AND GUIDELINES.

ALL PARTICIPANTS, COACHES AND GUARDIANS WILL BE REQUIRED TO ABIDE BY THE

FOLLOWING PROCEDURES AND GUIDELINES

- A questionnaire / screening process will be posed to every participant, coach, spectator regarding Covid-19 prior to entering the facility. Contact information will be collected for each person to assist in any Contact Tracing – each entrant of the facility shall register with name, venue, contact number and email to facilitate contact tracing should it be required by the health authorities.
- While on the premises of the MSWC (parking lot, within the arena, within dressing rooms, staging areas and on the playing surface) physical distancing of a minimum of 6 feet / 2 metres separation will be maintained between patrons, spectators, players on and off the ice, coaches and players on the ice, and employees of the MSWC.
- User groups will only be permitted in the building 15 minutes prior to their activity/ice time and must exit 10 minutes after their session. There will be no early admittance to the facility.
- Participants will be directed to all exit and entrances of the facility. There will be signage directing participants to and from their designated ice surface to control the flow of patrons.
- Participants must come to the facility dressed in the majority of their equipment and ready for their activity.
- During Stage 1 dressing rooms will not be available to participants. There will be staging areas clearly marked where participants can finish preparing and remove items for departure. (i.e. skates, helmets)
- Player's benches will be sectioned. Participants must sit within the section and utilize only one section during their session.
- Participants will all use their own water bottles – absolutely no sharing! Please fill at home.
- On ice physical distancing will be supported by use of cones and markers placed/drawn on the ice surface.
- Shooting, passing, skating drills are permitted. No games or battle and compete drills.
- Only 1 parent or guardian will be permitted in the building with each participant. No siblings.
- Upon entering the facility, the parent or guardian must go directly to their designated ice rink and remain in the stands in the Rink, behind players bench side. These areas / stands will be marked to ensure physical distancing is practiced.
- Wearing of gloves will not be permitted by patrons of the facility. Frequent hand washing by patrons is recommended.
- Face masks are recommended where physical distancing cannot be safely maintained.
- Limit number of patrons in washrooms to two at one time to ensure physical distancing.
- MOST IMPORTANTLY … If a participant, parent, guardian, or coach have recently travelled outside the country and have not cleared 14 days of self-quarantine or if a participant, parent, guardian, or coach are experiencing any COVID-19 symptoms or have had close contact with someone who has COVID-19 like symptoms, DO NOT PARTICPATE OR ENTER THE FACILTY.

EMPLOYEE SCREENING

In effort to screen employees prior to entering the facility we will implement an active screening process that requires colleagues / Managers asking each other specific screening questions prior to the start of shift.

ILLNESSES OR SYMPTOMS WITH BOTH STAFF AND PATRONS/PARTICIPANTS

Patron / Participant – Should a patron / participant develop symptoms during their time in the facility, they will be given a disposal face mask to wear and the staff interacting with them will wear one as well. The individual will be brought to the designated health area (First Aid Room). They will be asked to contact 811 as recommended by the Office of the Chief Medical Officer of Health for the Province of Nova Scotia. Should they be tested and found positive for COVID-19, we will follow the communication protocols listed below.

Staff – If a Staff member develops symptoms of COVID-19 they will be asked to immediately put on their community face mask and go to the designated health area (First Aid Room). From there a Manager will advise them to contact 811 and log the information, following their recommendations. Should they be recommended for testing and found positive, we will follow the communication protocols listed below.

One confirmed case of COVID-19 (Individual who tests positive for the virus causing COVID-19); OR Two or more suspect cases of COVID-19 may lead to facility closure.

Suspect Case:

An individual that has 2 or more of the following symptoms:

o fever or signs of fever,

o new cough or worsening chronic cough,

o runny nose,

o headache,

o sore throat,

o new onset of fatigue,

o new onset of muscle pain,

o diarrhea or

o loss of taste or smell; or

An individual displaying purple fingers or toes even as the only symptom.

The facility cannot reopen until advised by Public Health. Regional Public Health will be involved to manage the outbreak and ensure contacts are identified; public health measures are in place and will lead any communication that is required.

COMMUNICATION PROTOCOLS

Should there be a single confirmed case or two suspected cases of COVID-19 of staff and/or patrons, we will immediately contact Public Health.

We will follow any/all recommendations from Public Health at that time. We have email and phone numbers for everyone that enters the facility through our screening process and can communicate as needed. Our assumed protocol will be that if anyone at the facility is diagnosed with COVID-19 that we will send out notification to all patrons and staff that attended at the same time as that individual. We will make initial contact by email and ask for them to confirm receipt. For those who do not confirm receipt we will follow up by phone.

STAFF CONTACTS

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It's important to understand that this is not “business as usual”. We are venturing into a “new normal” with these procedures. Our goal is to create a safe and healthy environment for staff and users by making the necessary adjustments to help limit the risk of exposure to COVID-19. We are confident that by adhering to the above noted policies and procedures, while continuing to work with Office of the Chief Medical Officer of Health for the Province of Nova Scotia and the Cape Breton Regional Municipality that we can safely phase in a soft reopening of the Membertou Sport and Wellness Centre.

Paul Carroll